

Recipe Card

Simple, steady care for cold days



Directions

MORNING

CLEANSE

Use a gentle cleanser, then rinse thoroughly with warm water. We recommend our **Fine Herbal Cleanser**. Perfect for all skin types.

PROTECT SKIN

Apply your moisturizer while skin is still damp to seal in moisture before heading out. We recommend **Nourishing Lavender Milk** or **Nourishing Herbal Cream**.

SHIELD EXPOSED AREAS

Don't forget lips, hands, and anywhere meeting cold air. Use **Lip Softener** or **Hand to Heel Softening Salve**.

MIDDAY

REAPPLY

Lip Softener or **Hand to Heel Softening Salve**, and refresh skin with a **Classic Waters Facial Mist**.

EVENING

CLEANSE THOROUGHLY

Return to **Fine Herbal Cleanser** to remove the day without stripping the skin.

NOURISH AND SEAL

Apply a richer cream like **Nourishing Herbal Cream** or treatment serum like **Complexion Conserve Serum** to support overnight repair.

notes